

15-TH DAYS OF BHAAAS IN B&H
INTERNATIONAL SYMPOSIUM ON ORTHOPAEDICS AND TRAUMA:
“MEETING OF THE MINDS”: POSTOPERATIVE CARE

SYMPOSIUM DIRECTORS:

BHAAAS: Eldin Karaiković (Chicago, USA)

AOTB&H: Maki Grle (Mostar, B&H)

LOCAL HOST: Mirza Bišćević (Sarajevo, B&H)

DATE AND LOCATION: Hotel Hills, Sarajevo, Saturday June 22th, 2024.

ATTANDEES: Orthopaedic and trauma surgeons, PM&R, students, nurses, physical therapists, and all medical professionals involved in orthopaedic surgery and trauma.

PROGRAM:

8:00 – 8:30 Registration

8:30-8:35 Opening remarks:
Eldin Karaiković (Chicago, USA) BHAAAS
Maki Grle (Mostar, B&H) AOTB&H President

Postoperative care: LOWER EXTREMITY FRACTURES

8:35-8:50 Enes Kanlić, (retired, Chandler, AZ, USA), Abdelgawad Amr (Maimonides Bone and Joint Center, Brooklyn, NY, USA), Miguel Pirella Cruz (Department of Orthopaedic Surgery, UMC, El Paso, TX, USA): Weight bearing recommendations after injuries from pelvis to the knee joint (guest speakers)

8:50-9:05 Amr Abdelgawad, Enes Kanlić, Miguel Pirella Cruz: Weight bearing recommendations after injuries from the knee joint to the foot

9:05-9:20 Miguel Pirella Cruz, Amr Abdelgawad and Enes Kanlić: Reconstruction of the distal radioulnar joint with the Scheker prosthesis

9:20-9:35 Adnan Papović (Orthopedics and Traumatology Clinic, University Medical Center, Sarajevo, B&H): Surgical treatment of the lower extremity trauma – local experience

9:35-9:50 Ismet Gavrankapetanović, Harun Đozić (Department of Orthopaedic Surgery, General Hospital “Abdulah Nakas”, Sarajevo, B&H): Fixation of lower leg fractures – aftertreatment

9:50-10:00 Discussion

10:00-10:30 Coffee break

Postoperative care: Arthroscopy shoulder and knee

10:30-10:50 Bradley Dunlap IL (Department of Orthopaedic Surgery, Endeavor Health, Chicago, USA): Postoperative protocols after the most common arthroscopic procedures (guest speaker)

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| 10:50-11:10 | Maki Grle (Department of Orthopedic Surgery, University Clinical Hospital of Mostar, B&H): Knee arthroscopy aftercare |
| 11:10-11:20 | Edna Skopljak, Uroš Meglič (Department of orthopedic surgery, University Medical Center Ljubljana, Slovenia): Postoperative protocols after arthroscopic Laterjet procedure |
| 11:20-11:30 | Robert Orfaly (Department of Orthopaedics and Rehabilitation, Oregon Health and Science University, USA): Frozen shoulder and scapulothoracic crepitus |
| 11:30-11:45 | Discussion |

State of the Art Presentation:

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| 11:45 – 12:05 | Tariq Suhail (Doctor's Hospital, Lahore, Pakistan): Current concepts and uses of biologics in orthopaedics and spine surgery |
| 12:05-12:20 | Discussion |

12:30-13:30 Lunch

Postoperative care: TOTAL HIP ARTHROPLASTY

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| 13:30-13:50 | Lucas Anassian (Portland Veterans Hospital Healthsystem, Oregon, USA): Discharge after THA (guest speaker) |
| 13:50-14:10 | Slavko Manojlović (MediGroup, Banja Luka, B&H): Principles of THA – aftertreatment |
| 14:10-14:30 | Case presentations and discussion |

Postoperative care: TOTAL KNEE ARTHROPLASTY

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| 14:30-14:50 | Mark Gonzalez (Department of Orthopaedic Surgery, University of Illinois, Chicago, USA): Postop care after TKA (guest speaker) |
| 14:50-15:10 | Hajrudin Kacar (Medical Institute Bayer, Tuzla, B&H): TKA local experience |
| 15:10-15:30 | Discussion and case presentations. |

15:30-16:00 Coffee Break

Postoperative care: Spine

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| 16:00-16:15 | Eldin Karaiković (Weiss Memorial Hospital, Chicago, USA): Principles of short segment fixation of the thoracolumbar fractures |
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- 16:15-16:30 Mirza Bišćević (Department of Orthopaedic Surgery, General Hospital “Abdulah Nakaš”, Sarajevo, B&H): Rehabilitation after degenerative spine surgeries (instrumented and non-instrumented)
- 16:30-16:45 (Orthopedics and Traumatology Clinic, University Medical Center, Sarajevo, B&H): TBA Robert W Gaines (Department of Orthopaedic Surgery, University of Missouri, USA): (Orthopedics and Traumatology Clinic, University Medical Center, Sarajevo, B&H): L5 Spondyloptosis resection (Gaines procedure)
- 16:45-17:00 Discussion
- 17:00-18:00 Free papers and case presentations**
- 17:00-17:10 Muhammed Sibai (SSST, Sarajevo, B&H), Eldin Karaiković (Chicago, USA), Lucas Anissian (Portland, USA): Hip-spine syndrome - literature review
- 18:00 **Closing remarks.**